

For People Managers

Try these prompts:

How can I help someone I manage overcome imposter syndrome?

What are some coaching techniques that I can use to help my team member improve their time management skills

How can I help my team member develop stronger communication skills, particularly in virtual or remote work environments

Recommend some strategies for helping my team member manage stress and maintain work-life balance

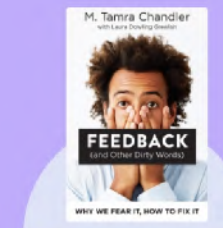
"That was brilliant. Blinkist AI is here at the right time and I would start using it to help my team straight away"

Sarah, **Group Learning, Leadership and Talent Manager**

How can I provide more actionable feedback to my team?

Hi there! Let me see what I can find for you...

1. Feedback (and Other Dirty Words) by M. Tamra Chandler and Laura Dowling Grealish



An excellent book for managers who want to create a culture of continuous feedback.

2. Let's Talk by Therese Huston



If you're looking for a more general book on communication skills, I would recommend **Let's Talk**. This book provides actionable advice for communicating effectively in any